



Veteran's Success Center

ISSUE #17
April 29, 2022

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Counselor Roundtable TODAY

Friday, April 29, there will be a roundtable with a CSUB counselor to inform students of mental health services available at CSUB.

The location is DDH 101G from 1300-1400 (1-2 pm).

CALIFORNIA STATE UNIVERSITY
BAKERSFIELD Veterans Success Center

Counselor
Round Table

April 29th, 2022
1:00pm-2:00pm

Come clear your mind as we talk about how to handle anxiety/stressors that come with being a veteran or dependent student.

Free Food Voucher:
Please enjoy a \$15 food voucher to use at all campus dining facilities.

Evolvecore is hosting an event

Evolvecore Development is hosting Mind-Body Stress Reduction (MBSR) sessions for veterans to support and appreciate our Military and Veteran community.

Veterans are welcome and encouraged to experience the MBSR practice at Evolvecore's downtown location at **1614 20th Street** every **Saturday at 1pm, free of charge**. Please contact us at **(661) 422-7372** with any questions and reserve your spot as mat space is limited.

Every
Saturday
Beginning
May 7th at
11:30AM

Free Mind-Body Stress
Reduction
For Veterans

at
EVOLVECORE
1614 20th St. Bakersfield, CA 93301

Call/Text 661-422-7372
or Email
Bianca@Evolvecore.us
to reserve your spot

Visit www.Evolvecore.us for details



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May 3rd Flag raising ceremony




 CALIFORNIA STATE UNIVERSITY
BAKERSFIELD
ESTABLISHED 1949

PLEASE COME JOIN US TO
HONOR AND REMEMBER
THOSE WHO HAVE
SERVED

MEMORIAL DAY FLAG RAISING

Join us on May 3rd at 1 pm at
the admin quad flag poles. We
will be raising the six U.S.
service branch flags to honor
the memory of those who
served our country.

For more information please
contact the Veterans Success
Center.

661-654-3557
veterans@csub.edu

Center Information

The Veterans Success Center is here to help with any questions or issues you may have. Call or stop on by the Center at anytime during business hours and we are happy to help.

Before coming onto campus, please make sure to take the CSUB COVID-19 Screening and get clearance.

Location: CSUB Building 10, next to the Transfer Resource Center.

E-mail: veterans@csub.edu

Phone: 661-654-3557

Instagram: csubvetcenter

Facebook: @csubveterans

Graduation recognition is coming

Don't forget...

On May 11th, 1200-1330 (12:00-1:30pm), There will be Veteran Graduation Recognition Ceremony.

Pick up graduation Veteran stoles and Veteran Dependent chords at the Veteran Success Center.

