

# CSUB SHS UPSTANDER PROGRAM

up·stand·er: a member of the CSUB community  
who can help in a time of need

## Get your **FREE** box of Narcan Nasal Spray\*!

Narcan is a life-saving medication that can **reverse an overdose from opioids** - including heroin, fentanyl and prescription opioid medications - when given in time.  
Narcan is easy to use and small to carry.

Upstander  
Video:



How & When to  
use Narcan:



**AVAILABLE IN THE STUDENT HEALTH SERVICES  
HEAL HUB DURING NORMAL BUSINESS HOURS.**

\*Students who receive the nasal spray should watch the Upstander video soon after to be prepared in case of an emergency.

\*Free Narcan is made available by SB 367. Free boxes available to students only while supplies last. Fentanyl test strips are also free and available for pick up from Student Health Services.